



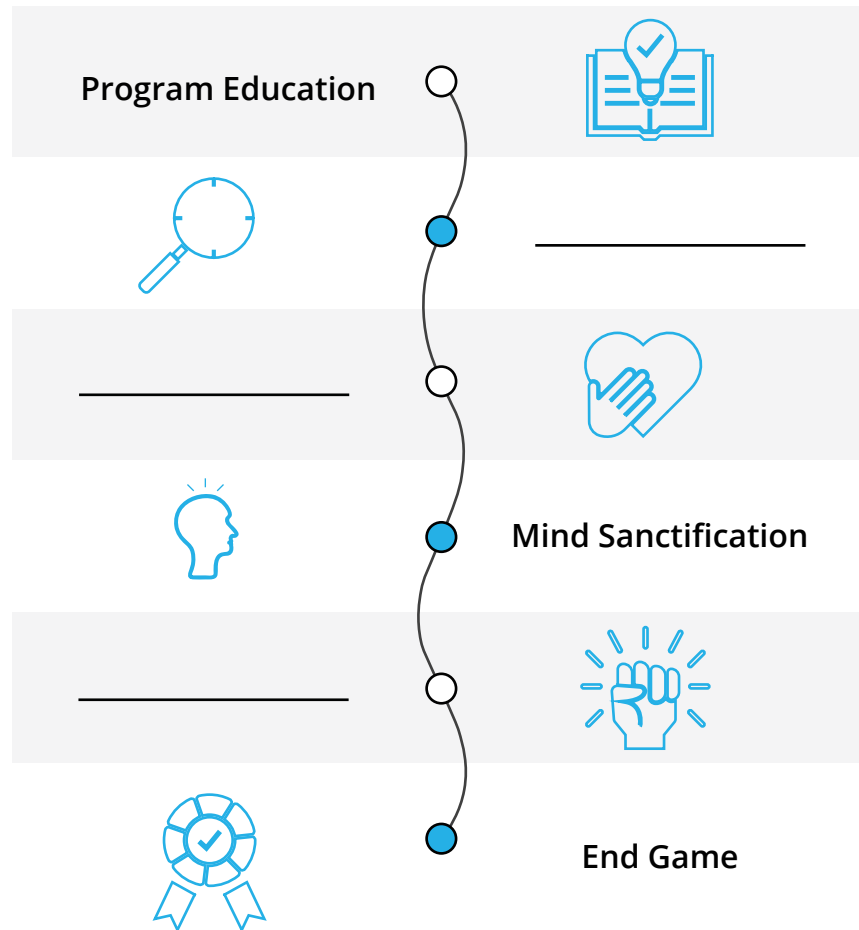
Utilize the course notes to capture important thoughts, revelations and questions as you move through the intensive.

COURSE HISTORY

Discuss your personal experience with Christian “sanctification”.

PROGRAM EDUCATION

Complete the PSI Course Flow?



Briefly describe the importance of the following PSI success factors?

Course Resource Notes:

Timing:

Exercise:

Fasting:

SANCTIFICATION

How does PSI define sanctification?

What is the Old Self?

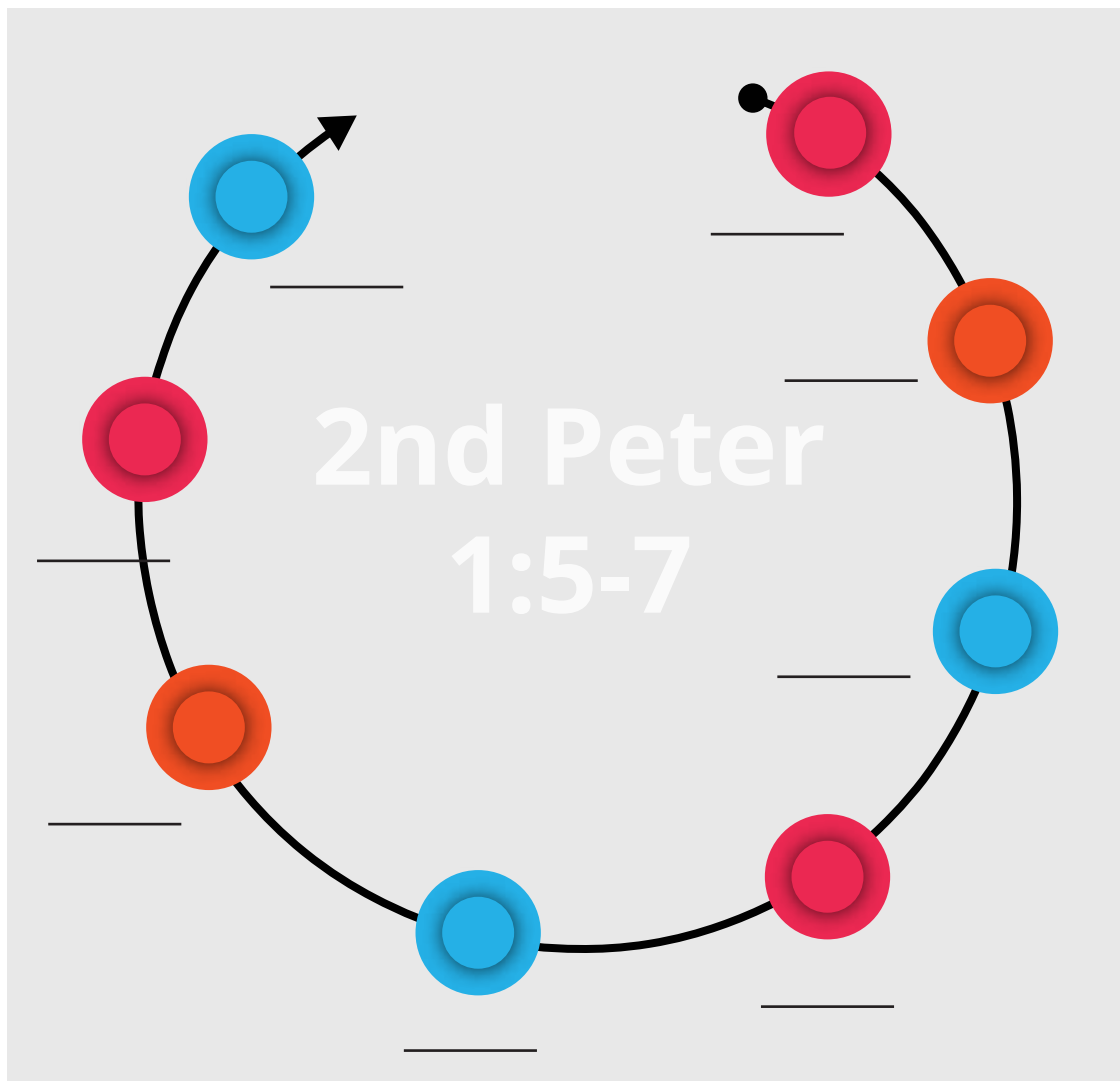
Complete the formula?



POSITIONAL & PROGRESSIVE

Discuss the difference between Positional and Progressive Sanctification?

Complete the qualities of effectiveness from 2nd Peter 1:5-7?



SANCTIFIED LOVE

In your words, discuss the validity of pursuing love above all else?

Have you ever rated your performance as a loving Christian (1st Cor. 13)?

What are the benefits of specifically measuring parts of the Christian life?

Please read the Love Assessment instructions thoroughly.

Please score, on a scale from (1-10), your current performance for each love attribute.

- Patience - If you are very patient, rate yourself an 8, 9, 10.
- Does Not Envy - If you **do not** struggle with envy, select 6, 7, 8, 9 or 10. If you struggle with envy, select 1, 2, 3, 4 or 5.
- Does Not Boast - If you **do not** struggle with boasting, select 6, 7, 8, 9, or 10. If you struggle with boasting, score 1, 2, 3, 4, 5

LOVE ASSESSMENT

Love:	Definition	Self	Other	Other	Avg
Is Patient	Being tolerant, especially concerning the weaknesses and failures of others.				
Is Kind	Extending grace toward another, and seeing other in the best possible light.				
Does Not Envy	Discontent or resentful longing aroused by someone else's possessions, qualities, or luck.				
Does Not Boast	Talk with self-praise and self-satisfaction for one's achievements, possessions, or abilities.				
Is Not Proud	Having an excessively high opinion of oneself and elevating personal importance above others.				
Is Not Self-Seeking	Having concern for one's own welfare and interests before those of others; self-serving.				
Is Not Rude	Offensively impolite or ill-mannered.				
Is Not Easily Angered	A strong feeling of annoyance or hostility.				
Keeps No Record of Wrong	Willingness to cancel debts completely and a refusal to shame or condemn others.				
Does Not Delight in Evil	Engaging in behavior or associating with the profoundly immoral or wicked.				
Rejoices In The Truth	The quality of being objective, factual and true even when the truth operates against one's personal advantage				
Always Protects	Keep safe from harm or injury, especially those who are more vulnerable.				
Always Trusts	Firm belief in the reliability, truth, ability, or strength of someone that is worthy of trust.				
Always Hopes	A feeling of expectation and desire for good from God and others.				
Always Perseveres	To continue in a course of action in the face of difficulty or with little or no prospect of success				
Never Fail	To neglect to do something and succeed in achieving a goal				

THE HEART

In what ways do you guard your heart currently?

How were you impacted by reading through “Examples of Heart Wounds”?

Which “Impact of Heart Wounds” resonated with you most?

Old Self Reinforcement	
Victimization	
Shame	
Hard Heartedness	
Emotionalism	
Protectionism	
Unforgiveness	
Spiritual Strongholds	

HEART DISCOVERY

Describe heart sanctification?

Name the 3 components of heart sanctification.

Step 1. HEART _____



Step 2. HEART _____



Step 3. HEART _____



Heart Mapping Discovery Instructions:

Step 1. Ask God to help bring to your mind heart wounds that He wants to heal.

Step 2. Write the age in the AGE row near the bottom of the chart.

Step 3. Using the Heart Discovery Map found in the Course Resource Notes, briefly name the heart wound on the chart based on its severity:


- (y axis) - Light / Moderate / Severe

Step 4. Journal the details of the heart wound on Heart Discovery Breakdown pages to follow.

DISCOVERY MAPPING

WOUNDS

LIGHT

-  Heart Wounds
-  False Thoughts
-  Willful Sin

MODERATE

SEVERE

AGE

DISCOVERY MAPPING

WOUNDS

LIGHT

-  Heart Wounds
-  False Thoughts
-  Willful Sin

MODERATE

SEVERE

AGE

HEART DISCOVERY BREAKDOWN (People)

Consider heart wounds by person.

Mom:

Dad:

Siblings:

HEART DISCOVERY BREAKDOWN (People)

Identifying heart wounds continued....

Self:

Spouse:

Ex's:

HEART DISCOVERY BREAKDOWN (People)

Identifying heart wounds continued....

Church:

Friends:

Other:

Identifying heart wounds continued....

Crisis:

Identifying heart wounds continued....(Additional Space)

[illegible]

HEART DISCOVERY MAPPING (NOTES)

Journal expanded descriptions of heart wounds including root offenses

Example: At the age of 10, I discovered pornography on my father's computer.

He left it unattended and openly available for me to use for years to come. I've

never considered this event in terms on my faith, but I see now that it is both an

offense against me and very hurtful. This event changed my life and inflected me

with a disease that has hurt me, my relationship with God and my wife.

Journal expanded descriptions of heart wounds including root offenses

[illegible]

Journal expanded descriptions of heart wounds including root offenses

[illegible]

Final simplified list of heart wounds

[illegible]

Final simplified list of offensive heart wounds

[illegible]

HEART FORGIVENESS

How would you describe your current relationship with forgiveness?

Have you ever practiced formally forgiving yourself for specific sins?

Describe the difference between horizontal and vertical forgiveness?

HEART HEALING & RELEASE

How would you describe your current relationship with heart healing?

Discuss how you see unresolved pain connected to your personality?

Which “Obstacles of Will Renewal” resonated with you the most?

I’m not sure God heals heart wounds	
I’d rather not expose the pain of my past	
I’m not sure I need to forgive	
I don’t know how to get rid of the pain	
I don’t want to feel like a “victim”	

HEART SANCTIFICATION PRAYER

Once the concepts of heart sanctification have been studied and understood, it's time to start the prayer process and invite God into the deepest parts of the soul.

*In Jesus Name, I forgive (**name the person**) for:
(**name the offenses**)*

I cancel these debts completely, because you have cancelled my debts completely, and I hold nothing against (name the person).

*I ask you to bless (**name the person**).*

*Father, please heal (**name the heart wounds**). I give each wound to you and ask you to take them out of my heart. I take back the space they've been given and declare them an enemy of my maturity in Christ.*

I release my pain, resentment and self-protection that has gathered in my heart. I reject any corrosive bitterness, control and unforgiveness that has infected my personality and I refuse to carry these wounds any longer.

In Jesus Name, I pray. Amen

THE MIND

In what ways do you manage the corruptibility of your mind currently?

How were you impacted by reading through “Example of False Thoughts”?

Which “Impact of False Beliefs” resonated with you the most?

Fear	
Control	
Confusion	
Distraction	
Intrusive Thoughts	
Pretense	
Spiritual Blindness	

MIND DISCOVERY

Describe mind sanctification?

Name the 3 components of mind sanctification.

Step 1. MIND _____



Step 2. MIND _____



Step 3. MIND _____



Mind Discovery Instructions:

Add the following to the DISCOVERY MAP used for the heart.

Step 1. Ask God to help bring to your mind false thoughts

Step 2. Consider false thoughts as a result of a specific heart wound.

Step 3. Using the Mind Discovery Map found in the Course Resource Notes, record the false thought below the related heart wound.

Step 4. Journal the details of the false thought on the Mind Discovery Break down by associating the false thoughts with the associated heart wound.

DISCOVERY MAPPING

WOUNDS

LIGHT

-  Heart Wounds
-  False Thoughts
-  Willful Sin

MODERATE

SEVERE

USE EXISTING HEART MAP

AGE

[illegible]

Identifying false thoughts continued...

Harsh words spoken (Parents, Coaches, Teachers, Siblings, Friends)

[illegible]

Final simplified list of offensive heart wounds

[illegible]

Final simplified list of offensive heart wounds and false thoughts

[illegible]

MIND CLEANSING

Would you say you focus more on pouring in or clearing out your mind?
Discuss how the pool example applies to cleansing your mind.

What are your thoughts on breaking agreements with intangible sin?

Discuss how an agreement with a false thought generates behavior?

MIND RENEWAL

Discuss any current processes you use to renew your mind.

Do you currently feel you lose time distracted by false thoughts? If so, what are your most distracting thoughts

Which "Obstacles of Mind Renewal" resonated with you the most?

I've never confessed an intangible sin	
I've never considered creating an agreement with a belief could be sin	

MIND SANCTIFICATION PRAYER

Once the concepts of mind sanctification have been studied and understood, it's time to start the prayer and invite God into the process of breaking agreements with false thoughts.

In Jesus Name, I confess and break my sinful agreement with the false thought:

(name the thought from your false thought list):

*Father, please forgive me for agreeing with this way of thinking and remove it from my mind. Holy Spirit, help me break my agreement with this lie and renew my mind with Your truth, which is (**new truth**).*

In Jesus Name I pray. Amen

THE WILL

In what ways do you feel your will is compromised?

How were you impacted by reading through “Examples of Willful Sin”?

Which “Impact of Willful Sin” resonated with you the most?

Shame	
Self-Sabotage	
False Attachments	
Distancing From God	
Spiritual Strongholds	
Relational Insecurity	

WILL DISCOVERY

Describe will sanctification?

Name the 3 components of will sanctification.

Step 1. WILL _____



Step 2. WILL _____



Step 3. WILL _____



Mind Discovery Instructions:

Add the following to the DISCOVERY MAP used for the heart and mind.

Step 1. Ask God to help bring to your mind false thoughts

Step 2. Consider false thoughts as a result of a specific heart wound.

Step 3. Using the Mind Discovery Map found in the Course Resource Notes, record the false thought below the related heart wound.

Step 4. Journal the details of the false thought on the Mind Discovery Break down by associating the false thoughts with the associated heart wound.

DISCOVERY MAPPING

WOUNDS

LIGHT

-  Heart Wounds
-  False Thoughts
-  Willful Sin

MODERATE

SEVERE

USE EXISTING MIND MAP

AGE

Final simplified list of offensive heart wounds, false thoughts, willful sin

[illegible]

Breakdown the false thoughts by listing the belief statement.

[illegible]

WILL CLEANSING

Discuss any current processes you use to cleanse the will.

What do you find most difficult with confessing sin to God?

WILL RENEWAL

Discuss your current relationship with repentance.

What lengths have you gone to defeat sin in your life?

Which “Obstacles of Will Renewal” resonated with you the most?

Making the time	
Decomartmentalizing sin	
Exposing sin	
Forgiving yourself	

WILL SANCTIFICATION PRAYER

Once the concepts of will sanctification have been studied and understood, it's time to start the prayer and invite God into the process of cleansing willful sin.

In Jesus Name, I confess my willful sin including:

(Examples of Willful Sin)

Father, I ask you to forgive me and remove any evil spirits that may have gained access and influence to my soul because of these transgressions. I receive your forgiveness and I forgive myself.

By Your Grace, I commit to getting rid of these sins through:

(Examples of Repentance)

I am trusting you for the power to war against these sins and to live in freedom.

In Jesus Name I pray. Amen

Record changes you'd like to make as a result of the will prayer

[illegible]

Record changes you'd like to make as a result of the will prayer

[illegible]